

September 8, 2021

OJUSD Parents:

There have been some recent updates regarding our modified quarantine protocols relating to extracurricular activities, including sports.

After weeks of seeking answers from the State on modified quarantines and their relation to sports and extra-curricular activities we now have new information to share. Instead of a 10 day quarantine from extracurricular activities, including sports, students exposed at school who meet specific COVID-19 testing criteria will be able to resume sports and extra-curricular activities on day 8 from last exposure as long as they test negative after day 5, are asymptomatic, and continue to monitor for symptoms through day 14.

More specifically:

***In-School Modified Quarantine***

*Unvaccinated/Masked Modified Quarantine:* When both parties were wearing a mask in any school setting in which students are supervised by school staff (including indoor or outdoor school settings and school buses, including on buses operated by public and private school systems), unvaccinated students who are close contacts (more than 15 minutes over a 24-hour period within 0-6 feet) may undergo a *modified quarantine* as follows. They may continue to attend school for in-person instruction if they:

- Are asymptomatic;
- Continue to appropriately mask, as required;
- Undergo at least twice weekly testing during quarantine; and
- Continue to quarantine for all extra-curricular activities at school, including sports, and activities within the community setting.

Note: Quarantine can end after day 7 if a diagnostic specimen is collected after day 5 from the date of last exposure and tests negative and the student is asymptomatic and has followed all other quarantine protocols. *Students are allowed to resume all activities.*

Additionally, many students who participate in sports are enrolled in a 7<sup>th</sup> period sports class (2:11 PM – 3:01 PM). Students who are in sports and still on a modified quarantine may participate during the 7<sup>th</sup> period time. However, they cannot engage in contact or other close personal contact activity. The students are allowed to participate in team meetings, stretching activities, walk-throughs, and other non-contact activities until 3:01 PM.